

ELKHART MEMORIAL PHYSICAL EDUCATION ORIENTATION/RULES

CLASS ATTIRE/REQUIREMENTS:

1. All students are required to wear a t-shirt and shorts (decent length) or any fitness style outfit (no tanks) for physical education class. A limited supply of uniforms (L-3X) can be purchased for a clearance price of \$3 for shorts and \$3 for t-shirts.
2. Sweatshirts, sweatpants, jackets, hats and other warm clothing may be worn as directed by the instructor when going outside.
3. Shirts must be worn at all times during class.
4. ONLY a doctor's excuse will be accepted for an illness and/or injury. If you do not feel well, tell the instructor how you feel, but dress for the class activity and participate to the best of your ability.
5. Students with ISS assignments will be given written work for the days in ISS; however the participation points must be made up in the gym during the advisory period.
6. If you have a problem dressing for class activities, talk to your counselor, your instructor, or department chairperson with confidential information that may help us to understand why there is a problem. ***Do not just take non-dresses.***

THE INDIANA STATE DEPT. OF EDUCATION RULE 511 AC 6-7-6 MANDATES THAT ALL STUDENTS TAKE PHYSICAL EDUCATION AS A GRADUATION REQUIREMENT.

PHYSICAL EDUCATION GRADING and NON DRESS POLICY

1. **Participation:** Students will earn 10pts each day for proper dress and participation. Students will lose 20 points each day of non-participation. Students will lose up to 10 points for participation without the appropriate clothing i.e. jeans, khaki pants or inappropriate shoes. ***Students that accumulate 10 non participation days will be denied credit for the course***
2. **Physical skills:** Students will be given a skill grade for each unit.
3. **Written test/writing assignments:** Students will be given written test and other writing assignments related to each unit and or physical fitness concepts.

You could also LOSE grading points for the reasons below:

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| 1. Lack of effort | up to 10 points |
| 2. Sent out of class | up to 10 points |
| 3. Absent from class | up to -10 points (*See below) |

* You can MAKE UP points for an EXCUSED absence by coming to the gym during the advisory period to make up participation points and/or written tests. This also applies if you are gone for FIELD TRIPS, SSAC, guidance/office meetings etc. YOU are responsible for asking your instructor to sign your advisory pass to make up your absences.

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CLASS ROUTINE and STUDENT CONDUCT

1. Students NOT in the field house when the tardy bell rings will be counted TARDY. Roll call will be taken 5 minutes after the tardy bell rings. Students not in their assigned seats on the bleachers when roll call starts will also be counted tardy for class! *Students that come to class late after locker rooms have been secured **will not** be allowed to dress out for class.* You will receive a zero until you make up the time during the advisory period.
2. Respect all announcements including the pledge and the moment of silence in the fieldhouse/locker room.
3. Students will be given **seven minutes** at the end of the period to get dressed.
4. Students will be expected to stay in the field house until dismissed by the bell or instructor. Leaving before being dismissed is TRUANCY.
5. The snack machine and pop machines are *not* turned on and cannot be used before, during, or after class.
6. Profane or vulgar language is *not* acceptable in any class.
7. Cooperation and conduct in class will be considered as a part of your grade. Cooperation with ALL instructors and substitute teachers is also expected.
8. Showers are recommended, but towels will *not* be provided.
9. Students are *not* allowed to hang on the rim, or the net.
10. Please take care of the equipment. Many items are expensive to replace. We need your help in treating the equipment with proper care. Students will be charged for damage to equipment if done intentionally or with gross negligence.
11. Food or soft/sport drinks, (other than water bottles) are *not* allowed at anytime during class.
12. **No unattended backpacks or unlocked belongings** are to be left in the locker room or bleachers. Backpacks must be placed in locked lockers or carried with you at all times. *The Physical Education Department is not responsible for lost/stolen items.*

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LOCKS AND LOCKERS:

Because of the extended use of our locker rooms by many physical education classes, athletic teams, and visiting teams; it is VERY DIFFICULT TO GUARANTEE 100% SECURITY AT ALL TIMES. Therefore, it is IMPERATIVE that you make sure your lock is secured whenever you are NOT in the locker room. DOUBLE CHECK. DO NOT LEAVE ANYTHING OUT OR UNLOCKED. We would also recommend that you NOT leave expensive shoes or gym clothes in your locker UNLESS they are INSIDE a gym bag. Please note that we will not open or give you a combination to someone else's locker so you may get your physical education clothes. DO NOT share lockers.

1. Students will be assigned a locker in the dressing rooms and will be issued a lock. You may NOT use your own personal lock. There are enough lockers and locks for each student to have their own.
2. Students are responsible for the lock and will be charged \$5 if it is not returned at the end of the semester. Each lock has a serial number on it for identification and is accessible via a key control in case of emergencies.
3. Students should not bring large amounts of money, important valuables, or anything too big to go into your locker.
4. ALL students are to use the locker rooms to change clothing. DO NOT CHANGE CLOTHING IN THE FIELDHOUSE!