



Individual Crisis Management Plan

Student :

Date:

Safety Concerns - Warnings (medical and physical concerns, medication, history of abuse)

Current Issues - Potential Triggers (personal, family/social, etc.)

High Risk Behaviors (hitting, biting, self-injury, etc.)

Intervention Strategies:
Pre-Crisis State/Baseline

Triggering/Agitation

Escalation/Aggressions

Outburst/Violence

Recovery/Calming

Emergency Contacts (e.g. parent, counselor, etc.)

Adapted from Residential Child Care Project Student Workbook, Cornell University