Individual Crisis Management Plan

Student :      Date:

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| Safety Concerns – Warnings (medical and physical concerns, medication, history of abuse) |

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| Current Issues – Potential Triggers (personal, family/social, etc.) |

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| High Risk Behaviors (hitting, biting, self-injury, etc.) |

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| Intervention Strategies:  Pre-Crisis State/Baseline    Triggering/Agitation    Escalation/Aggressions    Outburst/Violence    Recovery/Calming |
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| Emergency Contacts (e.g. parent, counselor, etc.) |

Adapted from Residential Child Care Project Student Workbook, Cornell University