Individual Crisis Management Plan

Student :      Date:

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| Safety Concerns – Warnings (medical and physical concerns, medication, history of abuse)      |

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| Current Issues – Potential Triggers (personal, family/social, etc.)      |

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| High Risk Behaviors (hitting, biting, self-injury, etc.)      |

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| Intervention Strategies:Pre-Crisis State/Baseline     Triggering/Agitation     Escalation/Aggressions     Outburst/Violence     Recovery/Calming      |
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| Emergency Contacts (e.g. parent, counselor, etc.)      |

Adapted from Residential Child Care Project Student Workbook, Cornell University